

**Model Question\***

**Class XI : English : Term I (Half yearly): 2021-22 : Marks 40**

**Section A : Reading**

**1. Read the passage given below and answer the questions that follow :**

a) There are several reasons for a headache. Physical, emotional and mental factors, anxiety and tension are a few. Sometimes, headaches can be a signal of an underlying disease. More than medicines, yoga therapy eminently suits every need. Yoga is a comprehensive mode of culturing the body and mind. Using the 'Integrated Approach of Yoga', the Yoga Research Centres have been able to cure some tough headaches. The integrated approach includes breathing asana, pranayama, meditation and devotional sessions.

b) Yoga asanas, especially the ones imitating the natural postures of animals, have a tremendous tranquilising effect, without having to depend on common drugs. Pranayama inhibits random agitations in Pranic (energy) flows in Pranamayakosa, stabilizing the autonomic nervous system. Dhyana and Samadhi culture the mind to relax it. This approach alters the reaction of an individual to headache. By interrupting the vicious circle of pain-agony-pain, it prevents headache from becoming a crippling problem.

c) Through asanas that calm you, the pranayama exercises that inhibit random energy flows and the meditation that cultivates and relaxes your mind. Yoga offers a holistic form of pain relief. It stops you from becoming locked in the vicious circle of pain-anxiety-pain.

d) Chronic pain, essentially, is imbalance in Prana (energy). This imbalance, initially, manifests only as a functional abnormality like insomnia, lack of enthusiasm, fatigue, increased irritability and lack of concentration. Over the years, the imbalance settles in an organ. Chronic pain may sometimes be just a long-standing muscle spasm which later on may give rise to organic changes in the form of chronic inflammation.

**A. Complete the following statements by choosing the correct options from the given ones :**

**(1×5)**

i) Headaches can be a signal of an underlying .....

- (a) illness (b) disease (c) sickness (d) problem

ii) Yoga asanas have tremendous ..... effect.

- (a) calming (b) soothing (c) tranquilising (d) quieting

iii) Chronic pain is ..... in prana.

- (a) balance (b) imbalance (c) relaxation (d) agitation

iv) Yoga is an all-inclusive mode of culturing the .....

- (a) nervous system (b) body and mind (c) body and head (d) mind and eyes

v) Yoga asanas offer a ..... relief from pain.

- (a) holistic (b) partial (c) temporary (d) minimum

**B. Answer the following very short answer type questions :**

**(1×5)**

i) How have the Yoga Research Centres been able to cure some tough headaches?

ii) Which yoga asanas have a tremendous tranquilising effect?

iii) What prevents headache from becoming a crippling problem?

iv) What do the pranayama exercises inhabit?

v) What does a long-standing muscle spasm give rise to in the later stage?

**Section B : Writing and Grammar**

**2. Fill in the blanks by choosing the correct options from the given ones :**

**(1×5)**

a) A notice is written in ..... language.

- (i) conversational (ii) formal (iii) informal (iv) colloquial

b) I ..... the Trade Fair last week.

- (i) visit (ii) has visited (iii) have visited (iv) had visited  
 c) Neither the car nor the truck ..... available.  
 (i) am (ii) is (iii) are (iv) were  
 d) He won't be able to watch ..... match.  
 (i) a (ii) an (iii) the (iv) these  
 e) This is the pen ..... I had lost yesterday.  
 (i) who (ii) which (iii) whose (iv) what

**Section C : Literature**

**3. Answer the following very short answer type questions : (1×15)**

- Where did Khuswant's grandfather's portrait hang?
- Why did Khuswant's grandmother always go to the village school with him?
- What did the doctor say about the grandmother's illness?
- Why did the narrator and his family members set sail from Plymouth, England, in July 1976?
- Name the two crewmen whom the narrator had taken from Cape Town.
- Where did the Jijamata Express speed along?
- Who went through the train checking permits?
- What has the camera captured?
- What has not changed over the years?
- Who is the poet of the poem, "The Laburnum Top"?
- What happens when the goldfinch enters the thickness?
- What were the members of the Garoghlanian family famous for?
- Whom did the beautiful white horse belong to?
- What was Mrs Dorling wearing when the narrator went to her house to meet her?
- Why did the narrator and her family members never use the old-fashioned Hanukkah candle-holder?

**4. Answer the following questions in not more than 40 words each : (2×5)**

- What was the change that came over the grandmother in the evening?
- What did the narrator do when Sue told him that he had found the island?
- What is the meaning of the line "Both wry with the laboured ease of loss"?
- What sort of a person was uncle Khosrove?
- Why did the narrator of the story want to forget the address?

- Model Question for Term II is identical.

**Class XI : Economics; Term I (Half Yearly) : 2021-22; Marks 40**

**I. Answer the following Multiple Choice Questions: 1 X 10=10**

- The process of converting raw material into goods is called
  - Production
  - Saving
  - Investment
  - Exchange
- Which of the following indicates a stage of statistical study
  - Collection of data
  - Presentation of data
  - Analysis of data
  - d. All of the above
- Data collected for the first time for the source of origin is called
  - Primary data
  - Secondary data
  - Internal data
  - None of the above